

3 Keys to Your Work Experience

Purpose – Joy – Care

Contentment and 'Fit' are tied together:

We all have a unique blend of attributes and preferences that are part of our profile in our social and working world. Normally, we think of items like personality, skill set, or items specific to the setting we are in. But there are other ways to assess how we individually fit and can evaluate what might be uncomfortable. Contentment on a team, and in the work you do, is a big part of feeling a 'fit' and doing well where you are.



Purpose...Joy...Care...

These 3 categories provide space to reflect on key parts of your intentional connection with a place, a group, or an objective. This is different than an evaluation of work or ministry satisfaction. This is a simple discovery tool to understand how you feel a sense of value in your work with others.

After reading through the basic definitions of each part, take a few moments to ask the reflective questions on the worksheet. If you are using this in a team setting you may want to take some time to compare and discuss how each of you responded. This could be a key part in your development of a team as you use this as an evaluative tool as it relates to your health as a team together.

Consider the following right now:

PURPOSE

What do I believe is the focus of what I do?

This is what you define as your personal part in the fulfilment of the mission or the expression of the essence of what is being accomplished. Each person on a team or in an organisation can have a different yet important purpose in fulfilling the overall vision.

This is your motivation through achievement.

JOY

What do I get excited about doing?

This is what creates a sense of passion in you by way of doing work that is pleasing to you. We all find joy in something unique to us, doing or being something that gives us energy in any circumstance.

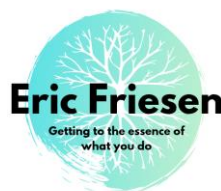
This is your motivation through passion.

CARE

How do you feel encouraged? Show encouragement?

This is how you experience your needs being met and in turn reflects how you seek to meet the needs of others. We all need encouragement and an acknowledgment that we are more than just the job we do.

This is your motivation through appreciation.



3 Keys to Your Work Experience

Purpose – Joy – Care

How do you evaluate your experience?

You can do this in a general sense personally, related to a specific setting, or as a team discussion.



PURPOSE

Focus of your work

I naturally do... INNATE

What I think about first... ESSENCE

What I have done before... EXPERIENCES

What are some common pieces you see?



JOY

Passion in what you do

I plan... ORGANIZATION

I think... DREAMING

I feel... INSPIRING

I do... ACTIVATING



CARE

Encouragement in your work

COMFORT... A peaceful space

ACTION... Initiating

RESPONSE... Follow-up

EARS... Listening

Other specific ways to care:

